

Experience life from a different perspective.

September 30–October 6, 2024



Overview

We created the Week Without Driving so that elected leaders, policymakers, transportation professionals and the general public can begin to understand the barriers nondrivers experience in accessing our communities. We want those who have the option to drive regularly to understand the barriers and challenges that non-drivers face when trying to move safely in their communities, and work with nondrivers to create better communities for all.



People without a car and those unable to drive should be able to get to where they need to go safely and effectively. But every day, Americans who don't drive - nearly a third of the population - face significant barriers to mobility such as inadequate sidewalks, poor transit options, lack of connectivity and dangerous roads. The needs of nondrivers are often disregarded in transportation infrastructure and policies. Our goal should be a transportation system designed to support all individuals, regardless of ability, age, or income, and that will strengthen communities and enhance quality of life.

How do I get involved?

Anyone can join the Week Without Driving, whether you want to participate as an individual, host in your community as an organization or sign up as an elected leader to experience the week yourself. Visit weekwithoutdriving.org to learn more.

The Rules of the Challenge

- You can get around however you want, but the challenge is not to drive yourself. This applies to all your activities, not just your work commute. If you normally transport other family members or friends, it applies to those trips too.
- You can ask someone else to drive you, but make a note of how much you “owe” this person and if you feel obligated to repay or support them in other ways (i.e. doing the dishes, paying for gas, etc). You can use ride hail services or taxis if they are available, but again, think about how the cost could impact you if this was regularly your only option.
- This isn't a disability simulation or a test of how easily you can find alternatives. We know that it is far easier to give up your keys if you can afford to live in a walkable area well served by transit or can outsource your driving and other transport and delivery needs. Having to drive during the challenge *does not* signify failure. The point is to consider how someone *without* that option would have coped, and what choices they might have make.